

2019 FACT SHEET AND PLANNER

DERMATECH (PTY) LTD

Short Learning Programme Title
Holistic Massage

1. Type of Programme

- Short Learning Programme (SLP)

Short programmes upgrade skills and knowledge to ensure success in a chosen field of learning, but are not credit bearing.

2. Description

The Short Programme in Holistic Massage provides the student with the necessary skills, techniques, knowledge and understanding to apply to become a professional Massage Therapist and work on board cruise-liners or in another country, provided additional qualifications are obtained.

3. Admission requirements

- Knowledge, comprehension and application of English language and Mathematical literacy at Grade 12 or equivalent.
- Anatomy and Physiology. This needs to be completed as self-study SLP prior to entry of the Holistic Massage SLP.
- Admission may be subject to an interview with an academic staff member.

4. Duration

The programme duration is 100 total hours, including practical, theory and case studies. Theory is completed in a self-study manner, while practical training is face to face and case studies are completed in a private capacity. Dermatech tuition is scheduled at specific times of the year. Programmes are offered during week days. Case studies need to be completed within 4 months from course completion. After successful completion of the case studies and assessment, certification will take place.

5. Textbooks and study material/ guides.

All prescribed material and kit is included. A list of student material, study guides and textbooks if necessary will be provided by Dermatech campus academic department.

6. Pricing

Enquire at your nearest Dermatech campus for a current programme pricelist.

7. Additional costs

Students must make provision for additional items such as stationary if not included.

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8. Syllabus

The following topics are covered in this Short Programme:

- Theory (Self-Study)
Self-study subjects:
Anatomy and Physiology, Professional Conduct, Business and Hygiene
First Aid-Training will be provided by external lecturer
Introduction to Swedish massage
History and Origin of Swedish massage
Advantages and disadvantages of different massage mediums used
Removal of different massage mediums
Psychological benefits and effects of Swedish massage
Physiological benefits and effects of Swedish massage
Requirement for a professional, thorough and high standard massage treatment
Hygiene procedures
Causes and treatment of muscle cramps
Indications and contra-indications
Wrist and hand exercises
Aftercare and homecare advice
Knowledge of the types, benefits and effects of the 5 classical massage movements
- Practical
Preparation, positioning and draping of client
Alternative positions
Massage techniques (all 5 classical massage movements) and application for full body massage
Wrist and hand exercises
Correct stance of a massage therapist
- Case Studies

9. Career fields

With this programme, successful students could pursue a career as Swedish / Holistic Massage Therapist in the Health and Skincare environment, overseas or on board the cruise-liners.

10. Certification

On successful completion of the short programme, the student will receive a Dermatech Short Programme Certificate in Holistic Massage.

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11. Further Studies

Please enquire at the Dermatech campus for the prospectus containing post-certificate studies. Admission to further your studies at a different institution remains the prerogative of each institution and its academic council.

Disclaimer

The information contained in this fact sheet is accurate at the time of printing. However, factors beyond the control of Dermatech (such as environmental, regulatory or technical changes) may cause the contents of this fact sheet or of the programme to change. In the event of any such change, Dermatech will notify current students. All possible measures will be taken to minimize inconvenience to students.

Name of student: I....., hereby acknowledge that I understand the information stated in this document and fully comprehend the specifics explained above pertaining to this qualification.

Signature of student:.....

Name of legal guardian:.....
(if applicable)

Signature:

Name of sales consultant:

Signature:

Date:

Please note the original signed copy should be kept on the student record file.